

ALABAMA

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<i>Birmingham</i>	WCFT		ABC	SUN 4:30AM	60
<i>Birmingham</i>	WBMA		ABC	SUN 4:30AM	60
<i>Birmingham</i>	WJSU		ABC	SUN 4:30AM	60
<i>Dothan</i>	WTVY		CBS	SAT 6:00AM	60
<i>Huntsville</i>	WAMY		IND	SAT 5:00AM	60

ALASKA

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<i>Fairbanks</i>	KATN		ABC	SAT 5:00AM	60
<i>Fairbanks</i>	KATN		ABC	SUN 4:00AM	30
<i>Juneau</i>	KJUD		ABC	SAT 5:00AM	60
<i>Juneau</i>	KJUD		ABC	SUN 4:00AM	30

ARKANSAS

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<i>Ft. Smith/Fy</i>	KSBN		IND	SUN 5:00AM	60
<i>Little Rock/Pn Blf</i>	KLRT		FOX	SAT 5:00AM	60

ARIZONA

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<i>Yuma-El Centro</i>	KYMA		NBC	SUN 5:00AM	60
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CALIFORNIA

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<i>Chico-Redding</i>	KRVU		UPN	SAT 6:00AM	60
<i>Eureka</i>	KIEM		NBC	SUN 5:00AM	60
<i>Fresno/Visalia</i>	KMPH		FOX	SUN 5:00AM	60
<i>Palm Springs</i>	KESQ		ABC	SAT 5:00AM	60
<i>Sacrmnto/Stk/Mo</i>	KXTV		ABC	SAT 5:00AM	60
<i>San Fran/Oak/SJ</i>	KFTY		IND	SAT 6:00AM	60

<i>Santa Barbara/SM/SLO</i>	KSBY		NBC	SAT 5:00AM	60
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COLORADO

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<i>Colorado Springs</i>	KOAA		NBC	SAT 5:00AM	60
<i>Gr Jcnctn-Mntros</i>	KKCO		NBC	SUN 6:00AM	60

FLORIDA

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<i>Tallahassee/Thomasville</i>	WCTV		CBS	MON 5:00AM	60
<i>Tampa-St. Petersburg</i>	WTTA		WB	SUN 5:00AM	60
<i>Gainesville</i>	WCJB		ABC	SAT 5:00AM	60

GEORGIA

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<i>Albany</i>	WVAG		UPN	SAT 6:00AM	60
<i>Augusta</i>	WFXG		FOX	SUN 4:30AM	60
<i>Macon</i>	WMGT		NBC	SUN 5:00AM	60

HAWAII

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IDAHO

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<i>Boise</i>	KTRV		FOX	SUN 5:00AM	60
<i>Idaho Falls/Poc</i>	KIDK		CBS	SUN 5:00AM	60
<i>Twin Falls</i>	KMVT		CBS	SUN 6:00AM	60

ILLINOIS

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<i>Champgn/Spr/Dec</i>	WAND	ABC	SUN 5:00AM	60
<i>Peoria/Blmngtn</i>	WEEK	NBC	SUN 5:00AM	60
<i>Rockford</i>	WIFR	CBS	SUN 6:00AM	60
<i>Quincy/Hbl/Keok</i>	WGEM	NBC	SAT 5:30AM	60

INDIANA

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<i>Evansville</i>	WEVV	CBS	SAT 6:00AM	60
<i>Ft. Wayne</i>	WPTA	ABC	SAT 6:30AM	60
<i>Indianapolis</i>	WTTV/WTTK	WB	SUN 5:00AM	30
<i>Lafayette</i>	WLFJ	CBS	SAT 6:00AM	60
<i>So Bend/Elkhart</i>	WBND	ABC	SAT 7:00AM	60
<i>Terre Haute</i>	WTHI	CBS	SUN 5:00AM	60

IOWA

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<i>Davnprt/Ri/Mlne</i>	KWQC	NBC	SUN 6:00AM	60
<i>Cdr Rp/Wa</i>	KCRG	ABC	SAT 5:00AM	60
<i>Rch/Masn City</i>	KIMT	CBS	SUN 5:00AM	60
<i>Sioux City</i>	KTIV	NBC	SUN 6:00AM	60
<i>Des Moines</i>	WHO	NBC	SUN 5:00AM	60

KANSAS

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<i>Topeka</i>	KSNT	NBC	SUN 6:00AM	30
<i>Wichita/Htch Pls</i>	KSNW	NBC	SAT 5:00AM	60
<i>Wichita/Htch Pls</i>	KSNK	NBC	SAT 5:00AM	60
<i>Wichita/Htch Pls</i>	KSNC	NBC	SAT 5:00AM	60
<i>Wichita/Htch Pls</i>	KSNB	NBC	SAT 5:00AM	60

KENTUCKY

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<i>Lexington</i>	WLEX		NBC	SAT 5:00AM	60
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MAINE

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<i>Bangor</i>	WVII		ABC	SUN 5:00AM	60
<i>Portland</i>	WGME		CBS	SAT 5:00AM	60
<i>Presque Isle</i>	WAGM		CBS	SAT 5:00AM	60
<i>Louisville</i>	WBKI		WB	SAT 6:00AM	60
<i>Paducah</i>	KFVS		CBS	SAT 6:00AM	60
<i>Bowling Green</i>	WBKO		ABC	SUN 6:00AM	60

LOUISIANA

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<i>Baton Rouge</i>	WGMB		FOX	MON 4:00AM	60
<i>Lafayette</i>	KADN		FOX	SAT 5:30AM	60
<i>Alexandria</i>	KWCE		IND	SAT 5:30AM	60
<i>Monroe/El Dorado</i>	KNOE		CBS	SAT 4:30AM	60
<i>Shreveport</i>	KPXJ		UPN	SUN 5:00AM	60

MARYLAND

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<i>Baltimore</i>	WBFF		FOX	SUN 4:00AM	60
<i>Salisbury</i>	WBOC		CBS	SAT 6:00AM	30

MASSACHUSETTS

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<i>Boston/Manchr</i>	WLVI		WB	SAT 6:00AM	30
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MICHIGAN

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<i>Alpena</i>	WBKB		CBS	SUN 6:00AM	60
<i>Detroit</i>	WWJ		CBS	SAT 6:00AM	30
<i>Flint/Sagnaw/Bc</i>	WNEM		CBS	SAT 5:00AM	60

<i>Grand Rapids/KI</i>	WZZM		ABC	SUN 5:00AM	60
<i>Lansing</i>	WLNS		CBS	SUN 4:00AM	60
<i>Marquette</i>	WJMN		CBS	SAT 5:00AM	60
<i>Travrs Cty</i>	WPBN		NBC	SAT 5:00AM	60
<i>Travrs Cty</i>	WTOM		NBC	SAT 5:00AM	60

MINNESOTA					
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<i>Duluth</i>	KBJR		NBC	SUN 7:00AM	60
<i>Duluth</i>	NBJR		NBC	SUN 7:00AM	60
<i>Minneapolis-St. Paul</i>	KSTC		IND	SAT 4:30AM	60
<i>Minneapolis-St. Paul</i>	KRWF		ABC	SAT 4:30AM	60
<i>Minneapolis-St. Paul</i>	KSAX		ABC	SAT 4:30AM	60
<i>Mankato</i>	KEYC		CBS	SUN 5:30AM	60

MISSISSIPPI					
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<i>Columbus-Tupelo-Wp</i>	WLOV		FOX	SAT 6:00AM	60
<i>Meridian</i>	WTOK		MNT	SAT 8:00AM	60
<i>Greenwood/Greenvl</i>	WXVT		CBS	SAT 5:00AM	60
<i>Jackson</i>	WAPT		ABC	SAT 4:00AM	60

MISSOURI					
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<i>Joplin-Pittsburg</i>	KSNE		NBC	SAT 5:00AM	60
<i>Kansas City</i>	KMBC		ABC	SUN 4:00AM	60
<i>Ottumwa/Kirksvl</i>	KTVO		ABC	SUN 6:00AM	60
<i>Pdch/Cape Gir/Har</i>	KFVS		CBS	SAT 6:00AM	60
<i>Springfield</i>	KYTV		NBC	SAT 5:30AM	60
<i>St. Louis</i>	KNLC		IND	SAT 5:00AM	60
<i>Columbia-Jeff City</i>	KMIZ		ABC	SAT 6:00AM	60

MONTANA					
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<i>Billings</i>	KSVI		ABC	SUN 5:00AM	60
<i>Butte-Bozeman</i>	KTVM		NBC	SUN 5:00AM	30
<i>Great Falls</i>	KFBB		ABC	SUN 7:00AM	30
<i>Helena</i>	KHBB		ABC	SUN 7:30AM	60
<i>Missoula</i>	KECI		NBC	SUN 5:30AM	30
<i>Missoula</i>	KCFW		NBC	SAT 5:30AM	30

NEBRASKA					
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<i>Lincoln/Hastings/Krny</i>	KHGI		ABC	SAT 4:00AM/SUN 5:00AM	60
<i>North Platte</i>	KWNB		ABC	SAT 4:00AM	30
<i>North Platte</i>	KWNB		ABC	SUN 5:00AM	30
<i>North Platte</i>	KIIT		FOX	SAT 12:00pM/SUN 11:00AM	60

NEVADA					
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<i>Reno</i>	KOLO		ABC	SUN 3:00AM	60

NEW MEXICO					
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<i>Albuquerque/Santa Fe</i>	KWBQ		WB	SUN 5:00AM	60
<i>Albuquerque/Santa Fe</i>	KRWB		WB	SUN 5:00AM	60

NEW YORK					
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<i>Binghamton</i>	WBNG		CBS	SUN 4:30AM	60
<i>Elmira</i>	WETM		NBC	SUN 5:30AM	60
<i>Syracuse</i>	WSYT		FOX	SAT 5:30AM	60
<i>Utica</i>	WKTV		NBC	SAT 6:00AM	60
<i>Watertown</i>	WWNY		CBS	SUN 7:00AM	60

NORTH CAROLINA

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<i>Charlotte</i>	WJZY			SAT 5:00AM	60
<i>Wilmington</i>	W47CK		IND	SAT 5:00AM	60
<i>Greenville/Nb/Wash</i>	GCTI			SUN 6:00AM	60
<i>Raleigh/Durham</i>	WTVD		ABC	SUN 4:30AM	30
<i>Raleigh/Durham</i>	WTVD		ABC	SAT 4:30AM	30

NORTH DAKOTA

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<i>Fargo-Vally Cty</i>	WDAY		ABC	SAT 6:00AM	60
<i>Fargo-Vally Cty</i>	WDAZ		ABC	SAT 6:00AM	60
<i>Minot/Bismarck/Dkn</i>	KBMV		ABC	SUN 9:30AM	60
<i>Minot/Bismarck/Dkn</i>	KMCY		ABC	SUN 9:30AM	60

OHIO

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<i>Cincinnati</i>	WBQC		IND	SAT 5:00AM	60
<i>Cleveland-Ak</i>	WMFD		IND	SAT 6:00AM	60
<i>Columbus</i>	WSYX		ABC	SUN 5:00AM	60
<i>Dayton</i>	WRGT		FOX	SUN 6:00AM	60
<i>Lima</i>	WLIO		NBC	SAT 5:30AM	60
<i>Toledo</i>	WTVG		ABC	SAT 5:00AM	60
<i>Youngstown</i>	WKBN		CBS	SAT 4:30AM	60
<i>Zanesville</i>	WHIZ		NBC	SAT 6:00AM	60

OKLAHOMA

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<i>Oklahoma City</i>	KFOR		NBC	SAT 5:00AM	60
<i>Tulsa</i>	KWHB		IND	SAT 5:30 AM	60

OREGON

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<i>Eugene</i>	KEVU		IND	SAT 6:30AM	60
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<i>Medford/Klm</i>	KOB		NBC	SAT 5:00AM	60
<i>Medford/Klm</i>	KOT		NBC	SAT 5:00AM	60
<i>Portland</i>	KWBP		WB	SUN 5:00AM	60

PENNSYLVANIA					
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<i>Erie</i>	WSEE		CBS	SUN 5:00AM	60
<i>Johnstown/Altna</i>	WTAJ		CBS	SAT 4:30AM	60
<i>Wilkes Barre</i>	WOLF		FOX	SUN 5:00AM	60

SOUTH CAROLINA					
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<i>Charleston</i>	WCSC		CBS	SAT 5:00AM	30
<i>Charleston</i>	WCSC		CBS	SUN 5:00AM	30
<i>Columbia</i>	WOLO		ABC	SAT 5:00AM	60
<i>Grvl/Spa/Ash/An</i>	WBSC		WB	MON 4:00AM	60
<i>Florence/Myrtle Beach</i>	WBTW		CBS	SUN 5:00AM	60

SOUTH DAKOTA					
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<i>Rapid City</i>	KNBN		NBC	SAT 5:30 AM	60
<i>Sioux Falls</i>	KABY		ABC	SAT 5:00AM	60
<i>Sioux Falls</i>	KPRY		ABC	SAT 5:00AM	60
<i>Rapid City</i>	KSFY		ABC	SAT 5:00AM	60

TENNESSEE					
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<i>Chattanooga</i>	WDEF		CBS	SUN 5:00AM	60
<i>Jackson</i>	WJKT		UPN	SAT 5:00AM	60
<i>Knoxville</i>	WVLT		CBS	SUN 5:00AM	60
<i>Nashville</i>	WSMV		NBC	SAT 4:30AM	30

Nashville	WSMV	NBC	SUN 4:30AM	30
Tri-Cities, TN-VA	WEMT	FOX	SAT 5:30AM	30

TEXAS				
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Hrlg/Wsl/Brn/Ma	KVEO	NBC	SUN 5:00AM	60
Tyler/Longview	KFXK	FOX	SUN 5:00AM	60
Tyler/Longview	KFXL-LP	FOX	SUN 5:00AM	60
Corpus Christi	KTOV-LP	UPN	SUN 6:00AM	60
Amarillo	KVII	ABC	SAT 6:00AM	60
Amarillo	KVIH	ABC	SAT 6:00AM	60
Lubbock	KJTV	FOX	SAT 6:00AM	60
Odessa/Midland	KWAB	NBC	SAT 5:30AM	30
Odessa/Midland	KWES	NBC	SAT 5:30AM	60
Abilene/Swtwatr	KXVA	FOX	SAT 5:00AM	60
Wichita Falls	KAUZ	CBS	SUN 7:00AM	60
Victoria	KAVU	ABC	SUN 6:00AM	60
Sherman	KXII	ABC	SUN 6:00AM	60

UTAH				
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VERMONT				
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Burlington/Pltbrg	WGMU-CA		SUN 8:00AM	60

VIRGINIA				
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Charlottesville	WCAV	CBS	SAT 6:00AM	30
Charlottesville	WCAV	CBS	SUN 6:00AM	60

<i>Nrflk/Prt/Np/Nw</i>	WVEC		ABC	SUN 4:00AM	30
<i>Nrflk/Prt/Np/Nw</i>	WVEC		ABC	SAT 4:30AM	30
<i>Richmond/Ptrsbg</i>	WTVR		CBS	SUN 4:00AM	60
<i>Roanoke/Lnchbrg</i>	WDBJ		CBS	SUN 5:00AM	60
<i>Harrisonburg</i>	WAZT-LP		IND	SAT 7:00AM	60

WASHINGTON					
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<i>Spokane</i>	KSKN		WB	SUN 6:00AM	60
<i>Yakm/Psc/Rch/Kn</i>	KNDU		NBC	SAT 5:00AM	60
<i>Yakm/Psc/Rch/Kn</i>	KNDO		NBC	SAT 5:00AM	60

WEST VIRGINIA					
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<i>Bfld-Beckly</i>	WOAY		ABC	SUN 6:00AM	60
<i>Clarksburg/Wstn</i>	WDTV		UPN	SAT 6:00AM	60
<i>Parkersburg</i>		15	UPN	SAT/SUN 6:00AM	60
<i>Charleston</i>	WQCW			SAT 6:00AM	60
<i>Wheeling</i>	WVNS		FOX	SAT 6:00AM	60

WISCONSIN					
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<i>Green Bay/Apltn</i>	WFRV		CBS	SAT 5:00AM	60
<i>La Crosse/Eau Clr</i>	WEUX		FOX	SUN 5:00AM	60
<i>La Crosse/Eau Clr</i>	WLAX		FOX	SUN 5:00AM	60
<i>Madison</i>	WMTV		NBC	SAT 5:00AM	60
<i>Milwaukee</i>	WISN		ABC	SUN 3:30AM	60
<i>Wausau/Rhineldr</i>	WSAW		CBS	SAT 5:00AM	60

WYOMING					
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<i>Casper-Riverton</i>	KFNB		FOX	SUN 6:00AM	60

<i>Casper-Riverton</i>	KFNE		FOX	SUN 6:00AM	60
<i>Casper-Riverton</i>	KFNR		FOX	SUN 6:00AM	60
<i>Cheyenne/Scotts</i>	KLWY		FOX	SAT 6:00AM	60

Updated: 11/09
